

In order to get a good result, it all starts with good before care.

## CONTRAINDICATIONS :

-No tanning 2 weeks before treatment
-No Roaccutane 6 months before
-Broken skin, please treat before treatment
-Any skin conditions in the family of Herpes and Dermatitis-treat before treatment.

## 2 WEEKS BEFORE:

During the day apply a small amount of vitamin C
 Evenings apply vitamin A, STOP 3 days before
 AHABHA Skin cleanser (slow exfoliate)
 STOP 3 days before and after treatment.
 Purchase the above from any pharmacy-Priceline/Chemist Warehouse

Recommended face washes- before and 24hrs after treatment:

\*Glycolic Face wash (not suitable for dry/sensitive skin) \*Lactic cleanser (suitable for dry/sensitive skin)



BMS COSMETIC TATTOO BY SHIRIN FARSAD