

BROW BEFORE/AFTERCARE GUIDE

In order to get a good result, it all starts with good before/aftercare. Your brow must be healthy, strong, non-sensitive, and non-irritated and not in regeneration process. Make sure you read over instructions carefully. You want to plan ahead and maximize the most from your treatment.

4 WEEKS BEFORE: Avoid the following

- NO sun/tan
- NO botox
- NO skin peeling
- NO chemical treatments
- NO microdermabrasion
- NO solarium
- NO light therapy

2 WEEKS BEFORE:

- No vitamin c serums
- Retinoids
- Glycolic treatments

1 WEEK BEFORE:- Avoid excessive bleeding and poor colour deposit.

- NO blood thinners eg. vitamin e, aspirin, ibuprofen, fish oil
- NO tweezing/waxing/performing electrolysis
- No facials

3 DAYS BEFORE: Avoid skin irritation/allergic reactions.

NO waxing or tinting

24HRS BEFORE:- To avoid poor ink retention get your skin ready for the procedure.

- * Exfoliate lips
- * Keep moisturised
- NO caffeine
- NO alcohol
- NO exercise

AFTERCARE

DAY 1:

- Every 5 min, wipe lymph fluid till it stops exuding
- Apply a rice grain of aftercare, keep moist for 7 -10 days
- Clean brows before bed using cotton pads and tepid, distilled water
- Tap dry before re-applying aftercare

WEEK 1: After 24hrs

- Wipe using cotton pads and tepid distilled water, tap dry 2 x per day
- Repeat aftercare 2 x per day
- Do not exercise or sweat heavily
- Avoid soaking brows in shower, steam or sauna
- Do not pick or scratch while peeling
- Avoid sleeping on the face or 7 days. Keep your pillow case clean
- Do not apply makeup while healing
- Make sure nothing unsanitary comes in contact with your brows until completely healed

WEEK 2:

- Continue with aftercare products for 7 -14 days, till peeling has finished
- No vitamin c serums, retinoids, and glycolic treatments

Week 1 - 4:

- Avoid direct sun, wear spf50+ sunscreen
- Do not schedule botox
- Facials
- Invasive skin peels
- Chemical treatments
- Microdermabrasion
- Solarium
- Light therapy

Using the correct before/aftercare is key to a great outcome!
70% of the healed result depends on it.

What Makes Pigment Fade Fast:

- * Use of retinol A creams or creams with regeneration factors on the pigmented region, at any time, after treatment
- * Swimming in chlorine and salt water regularly
- Use of antibiotics and hormonal therapy and some other medications
- * Long sun exposure, wear spf50+ sunscreen

CAUTION:

- Always avoid laser treatments over the treated area (Fraxel Laser, IPL), because they can destroy the pigment and cause burns.
- MRI SCANS may also cause burns.

We highly recommend sending your images for evaluation, every year.

