

MICRONEEDLING BEFORE CARE

In order to get a great result, it all starts with good skin care!

4 WEEK BEFORE:

- NO tanning

2 WEEKS BEFORE:

- 1) During the day apply a small amount of vitamin C
- 2) Evenings apply vitamin A, STOP 3 days before
- 3) AHABHA Skin cleanser (slow exfoliate)
STOP 3 days before and after treatment.

*Purchase the above from any pharmacy or Laser Clinic
(not recommended for rosacea skin)*

1 WEEK BEFORE:

- NO waxing
- NO exfoliation

DAY OF TREATMENT

- NO shaving
- NO exercise

RECOMMENDED FACE WASHES

*Normal/combination/oily/aged skin - Glycolic Face Wash

*Dry/sensitive skin - Lactic Cleanser

*Rosacea skin:

- Cetaphil Face Wash: Gentle Skin Care (All skin types)
- Night Cream recommendation by Dr Lavin Lim - Cetaphil: Redness Relieving Night Cream



BMS COSMETIC
TATTOO